



Sound and Movement workshop - Responses Transcript

I basically said that, this picture, it looks like rain
And it's like, you know how everything's kept in the clouds
And then it just drops, it's kinda like your feelings
Things bottle up and then it just drops.

The thing is a lot of music and art helps to separate
Yourself and have a movement to think
Having a place where you can have just
You and your thoughts is important to creating ideas

I used regenerate because no matter how badly your hurt and how bad something is
You'll always find a way to get back up there.

Diversity is important not only with humans but
Then also the way that the world is diverse, in nature you have
I think it's called biomes or something
It's just really cool the way that the world works and it's able to do that
As times goes on we progress and we build more things
And we're always praised for that
But some of the things are actually quite disturbing for the environment.

I'd like to add onto that
Imagine that planet as an organism
If the planet's gonna die then essentially we're done too
We cant live without our planet
We can't live without Earth
We're technically we're destroying our very own home.

The animals they have language, instinct, like a human
It means that they're like a human

Young people are very receptive it's incredible to see how fast
They'll learn a language how fast
Anything learned can be unlearned and new things can be learned



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They'll pick up on new things all the time
These conversations need to carry on happening
Within every single subject in the school
We're talking about things that relate to our subject
The climate emergency links back to absolutely everything

How does that connect with these ones as well what does that mean to you?
You can't be progressive if you're staying in one mindset
You have to be able to take in other people's opinions and ideas
And be able to move with people around you in a way that's positive instead of being stuck
Pretty wise, Yeah, Move, Flow
Bit like a river
Yeah